

# Kent State University Ice Arena Hockey Programs Progression Chart

## Hockey Prep – Basic 1 – Basic 1/2

- Hockey Prep: Ages 4-6 – Basic 1: Ages 5-6 – Basic 1 / 2: 7-11
- No skating experience
- Must complete one of three or have equivalent skating skills to begin hockey programs
- Begin w/ basic skills such as forwards & backwards skating, turns, & stops

## Learn to Play Hockey (LTPH)

- Ages 5 – 11
- Players will learn the FUNdamentals of hockey: skating, puck control, passing, shooting
- One hour of instruction per week for eight weeks
- FREE RENTAL! Hockey equipment can be checked out per set

### Red White & Blue Hockey (RWB)

- Ages 5 – 8
- Cross-ice hockey
- Increase player creativity
- Create a positive learning environment
- Focus on multiple skills and situations
- Increase time with the puck
- USA Hockey's American Development Model  
[www.admkids.com](http://www.admkids.com)

### Kent Cyclones House Program

- Kent Cyclones Hockey Association
- Ages 8 – 14
- Minimal experience required
- Recreational, non-checking
- Practices and/or games weekly at the KSU Ice Arena
- <http://www.eteamz.com/tricyclonehockey/>

### Kent Cyclones Travel Hockey

- Kent Cyclones Hockey Association
- Practice and home games at KSU Ice Arena
- Try-outs are held for team placements
- Ages 9-14
- Competes in the CSHL
- <http://www.eteamz.com/tricyclonehockey/>